



Links to Resources

Maryland Chapter, American Academy of Pediatrics: *Grow Your Kids: TREE*

- <https://www.mdaap.org/tree/>

American Academy of Pediatrics: *Interim Guidance on Children's Emotional and Behavioral Health During the COVID-19 Pandemic*

- <https://services.aap.org/en/news-room/news-releases/aap/2020/american-academy-of-pediatrics-offers-interim-guidance-on-childrens-emotional-and-behavioral-health-during-the-covid-19-pandemic/>

Maryland BHIPP Bulletin: *Supporting Early Childhood Development during COVID-19 and Beyond*

- https://mailchi.mp/jhu/bhipp_bulletin_september2020-2539398

Child Development Resources by Age

Infant and Early Childhood

Zero to Three: *At-home Activity Guide*

- <https://www.zerotothree.org/resources/3264-at-home-activity-guide>

Healthy Steps: Age-based Resources for Parents

- <https://www.healthysteps.org/article/what-s-up-age-based-resources-for-parents-31>

Healthy Children: *Tips for Coping with a New Baby During COVID-19*

- <https://www.healthychildren.org/English/health-issues/conditions/COVID-19/Pages/Tips-for-Coping-with-a-New-Baby-During-COVID-19.aspx>

Preschool Age

Pathways: 4-6 Years Overview

- <https://pathways.org/growth-development/4-6-years/overview/>

All About Young Children: Information on Children 4-5 Years Old

- <https://allaboutyoungchildren.org/english/48-months-to-60-months/>

Defending the Early Years: *Guidance for Supporting Young Children Through COVID-19*

- <https://dev.org/wp-content/uploads/2020/07/Guidance-FINAL.pdf>

School Age

ACT for Youth: Adolescent Development Toolkit

- <http://www.actforyouth.net/adolescence/toolkit/>

U.S. Department of Education: Resources for Learning at Home

- <https://www.ed.gov/coronavirus/resources-for-learning-at-home>

Center on the Developing Child: Executive Function Activities for 7- to 12-year-olds

- <https://46y5eh11fhgw3ve3ytpwxt9r-wpengine.netdna-ssl.com/wp-content/uploads/2015/05/Executive-Function-Activities-for-7-to-12-year-olds.pdf>