

#### **Links to Resources**

#### **National Eating Disorders Association**

https://www.nationaleatingdisorders.org/about-us

# The Association of Child and Adolescent Mental Health: Eating Disorders

<a href="https://www.acamh.org/topic/eating-disorders/?fbclid=lwAR14kYxetRZ455Tg">https://www.acamh.org/topic/eating-disorders/?fbclid=lwAR14kYxetRZ455Tg</a> JSW0EVe1IcIV4BMkilQLdjxUmXRfJ7v7IVdPihgr9Y

# American Academy of Child and Adolescent Psychiatry: Facts for Families: Eating Disorders in Teens

• <a href="https://www.aacap.org/AACAP/Families">https://www.aacap.org/AACAP/Families</a> and Youth/Facts for Families/FFF-Guide/Teenagers-With-Eating-Disorders-002.aspx

# American Academy of Pediatrics: *Identification and Management of Eating Disorders in Children and Adolescents*

https://pediatrics.aappublications.org/content/147/1/e2020040279

#### **Child Mind Institute:**

#### What is an Eating Disorder and When to Worry

 https://childmind.org/article/when-to-worry-about-an-eatingdisorder/?utm\_source=newsletter&utm\_medium=email&utm\_content=What%20Is%20an% 20Eating%20Disorder%20and%20When%20to%20Worry&utm\_campaign=Public-Ed-Newsletter

#### How to Help Your Daughter Have a Healthy Body Image

 https://childmind.org/article/how-to-help-your-daughter-have-a-healthy-bodyimage/?utm\_source=newsletter&utm\_medium=email&utm\_content=How%20to%20Help% 20Your%20Daughter%20Have%20a%20Healthy%20Body%20Image&utm\_campaign=Public-Ed-Newsletter

#### **Boys and Eating Disorders**

 https://childmind.org/article/boys-and-eatingdisorders/?utm\_source=newsletter&utm\_medium=email&utm\_content=Boys%20and%20E ating%20Disorders&utm\_campaign=Public-Ed-Newsletter

#### American Academy of Family Physicians: Anorexia in the Time of COVID

• <a href="https://www.aafp.org/news/blogs/freshperspectives/entry/20201217fp-anorexia.html">https://www.aafp.org/news/blogs/freshperspectives/entry/20201217fp-anorexia.html</a>

## Michigan State University Today: Ask the Expert: How COVID-19 Can Affect Eating Disorders

https://msutoday.msu.edu/news/2020/how-covid-19-can-affect-eating-disorders



## **Eating Disorder Centers in Maryland**

# **Johns Hopkins Eating Disorders Program**

https://www.hopkinsmedicine.org/psychiatry/specialty areas/eating disorders

### **Eating Recovery Center**

• <a href="https://www.eatingrecoverycenter.com/news/eating-recovery-center-opens-treatment-center-mid-atlantic-region">https://www.eatingrecoverycenter.com/news/eating-recovery-center-opens-treatment-center-mid-atlantic-region</a>

# The Renfrew Center: Virtual Intensive Outpatient Program

• <a href="https://renfrewcenter.com/node/1203">https://renfrewcenter.com/node/1203</a>

# The Center for Eating Disorders at Sheppard Pratt

 https://www.sheppardpratt.org/the-center-for-eating-disorders-at-sheppardpratt/?utm\_source=eruptr&utm\_medium=cpc&cr=eating\_disorders&utm\_campaign=eating\_disorders&gclid=Cj0KCQiA3

# **Eating Disorder Screening Tools for Children and Adolescents**

# **Children's Eating Attitudes Test**

• <a href="http://www.adolescenthealth.org/SAHM">http://www.adolescenthealth.org/SAHM</a> Main/media/Adol-Resident-Curriculam/7-0-EAT-Rating-Scale.pdf

#### **Eating Disorder Screen for Primary Care (ESP)**

http://www.mendedwingcounseling.com/wp-content/uploads/2014/08/ESP.pdf

#### The SCOFF Questionnaire

https://www.verywellmind.com/the-scoff-questionnaire-1138316

### **Children's Binge Eating Disorder Scale (C-BEDS)**

https://pubmed.ncbi.nlm.nih.gov/16958120/