

### Links to Resources

**AAP Policy Statement (2018) *Guidelines for Adolescent Depression in Primary Care (GLAD-PC)***

- <https://pediatrics.aappublications.org/content/141/3/e20174081>

**American Academy of Pediatrics: *Adolescent Depression Screening***

- <https://www.aap.org/en-us/professional-resources/quality-improvement/Project-RedDE/Pages/Depression.aspx>

**NYU Langone Health: *Checking in on Your Teenager's Mood During the COVID-19 Pandemic***

- <https://nyulangone.org/news/checking-your-teenagers-mood-during-covid-19-pandemic>

**Anxiety and Depression Association of America: *Childhood Depression***

- <https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/childhood-depression>

**American Academy of Child and Adolescent Depression: *Depression in Children and Teens***

- [https://www.aacap.org/AACAP/Families\\_and\\_Youth/Facts\\_for\\_Families/FFF-Guide/The-Depressed-Child-004.aspx](https://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/FFF-Guide/The-Depressed-Child-004.aspx)

**Child Mind Institute: *Child and Teen Depression***

- <https://childmind.org/topics/concerns/depression/>

**Healthy Children: *Adolescent Depression: What Parents Can Do To Help***

- <https://www.healthychildren.org/English/health-issues/conditions/emotional-problems/Pages/Childhood-Depression-What-Parents-Can-Do-To-Help.aspx>

**Suicide Prevention Lifeline: *Patient Safety Plan Template***

- [https://suicidepreventionlifeline.org/wp-content/uploads/2016/08/Brown\\_StanleySafetyPlanTemplate.pdf](https://suicidepreventionlifeline.org/wp-content/uploads/2016/08/Brown_StanleySafetyPlanTemplate.pdf)

**Contemporary Pediatrics: *SOARS model: Risk assessment of nonsuicidal self-injury***

- <https://www.contemporarypediatrics.com/view/soars-model-risk-assessment-nonsuicidal-self-injury>

**Children's Hospital Colorado: *Pediatrician's Guide to Non-Suicidal Self-Harm in Teenagers***

- <https://www.childrenscolorado.org/doctors-and-departments/departments/psych/mental-health-professional-resources/primary-care-articles/non-suicidal-self-injury-teens/>

## Screening Tools

### **American Academy of Pediatrics - *Patient Health Questionnaire 9 (PHQ-9) Modified for Teens***

- [http://www.pedpsychiatry.org/pdf/depression/PHQ-9 Modified for Teens.pdf](http://www.pedpsychiatry.org/pdf/depression/PHQ-9%20Modified%20for%20Teens.pdf)

### **National Institute of Mental Health - *Ask Suicide-Screening Questions Tool***

- [https://www.nimh.nih.gov/research/research-conducted-at-nimh/asq-toolkit-materials/asq-tool/screening\\_tool\\_asq\\_nimh\\_toolkit\\_155867.pdf](https://www.nimh.nih.gov/research/research-conducted-at-nimh/asq-toolkit-materials/asq-tool/screening_tool_asq_nimh_toolkit_155867.pdf)

\*Additional versions and languages available at the link below

- <https://www.nimh.nih.gov/research/research-conducted-at-nimh/asq-toolkit-materials/>

### **Preschool Feelings Checklist (ages 3-6)**

- <https://medicine.tulane.edu/sites/g/files/rdw761/f/pictures/Preschool%20feelings%20checklist.pdf>