

### Presenter Information

**Sharon Hoover, PhD**

Co-Director, National Center for School Mental Health  
Director, National Center for Safe Supportive Schools  
Websites: [schoolmentalhealth.org](http://schoolmentalhealth.org) and [ncs3.org](http://ncs3.org)  
Twitter: @drsharonhoover

### Links to Resources

**American Academy of Pediatrics: *COVID-19 Guidance for Safe Schools***

- <https://www.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/clinical-guidance/covid-19-planning-considerations-return-to-in-person-education-in-schools/>

**Conversations on Health Care Podcast: Dr. Lee Beers, AAP President *What Parents Need to Know About Going Back to School***

- <https://mailchi.mp/chc1/president-of-the-american-academy-of-pediatrics-dr-lee-beerswhat-parents-need-to-know-about-going-back-to-school?e=bb213b8ccb>

**National Federation of Families: *Pediatric Anxiety: Education and Mental Health During COVID-19***

- [https://49bf42da-b858-4965-a674-2901508f2c7d.usrfiles.com/ugd/49bf42\\_a87eda30feb2424cb0e46ee6e160bb0f.pdf](https://49bf42da-b858-4965-a674-2901508f2c7d.usrfiles.com/ugd/49bf42_a87eda30feb2424cb0e46ee6e160bb0f.pdf)

**Mental Health America: *Addressing the Youth Mental Health Crisis: The Urgent Need for More Education, Services and Supports***

- <https://mhanational.org/sites/default/files/FINAL%20MHA%20Report%20-%20Addressing%20Youth%20Mental%20Health%20Crisis%20-%20July%202021.pdf>

**Ready.gov: *Psychological First Aid: Listen, Protect, Connect – Model & Teach***

- [https://www.ready.gov/sites/default/files/documents/files/PFA\\_SchoolCrisis.pdf](https://www.ready.gov/sites/default/files/documents/files/PFA_SchoolCrisis.pdf)

**American Psychiatric Association: *Returning to School as the Pandemic Draws on: Addressing Concerns, Fears and Worries***

- <https://www.psychiatry.org/news-room/apa-blogs/apa-blog/2021/08/returning-to-school-as-the-pandemic-draws-on-addressing-concerns-fears-and-worries>

**Mental Health First Aid: *Coping with Back to School Anxiety During COVID-19***

- <https://www.mentalhealthfirstaid.org/2021/08/coping-with-back-to-school-anxiety-during-covid-19/>

**Child Mind Institute: *Back-to-School Anxiety During COVID***

- <https://childmind.org/article/back-to-school-anxiety-during-covid/>

**Sesame Street in Communities: *Back-to-School: The New Normal***

- <https://sesamestreetincommunities.org/subtopics/the-new-normal/>

**National Geographic: *Helping Kids Deal with Back-to-School Anxiety***

- <https://on.natgeo.com/3sdgsj8>

**National Association of State Directors of Special Education: *Least Restrictive Environment in the Wake of COVID-19***

- [https://www.nasdse.org/docs/NASDSE\\_LRE.pdf](https://www.nasdse.org/docs/NASDSE_LRE.pdf)

**Screening Tools**

**Massachusetts General Hospital: *Pediatric Symptoms Checklist***

- <https://www.massgeneral.org/psychiatry/treatments-and-services/pediatric-symptom-checklist/>

**YouthinMind: *Strengths and Difficulties Questionnaire***

- <https://www.sdqinfo.org/a0.html>

**AACAP: *PHQ-9 Modified for Teens***

- [https://www.aacap.org/App\\_Themes/AACAP/docs/member\\_resources/toolbox\\_for\\_clinical\\_practice\\_and\\_outcomes/symptoms/GLAD-PC\\_PHQ-9.pdf](https://www.aacap.org/App_Themes/AACAP/docs/member_resources/toolbox_for_clinical_practice_and_outcomes/symptoms/GLAD-PC_PHQ-9.pdf)

**Coronavirus Impact Scale**

- English Version: [https://www.nlm.nih.gov/dr2/Coronavirus\\_Impact\\_Scale.pdf](https://www.nlm.nih.gov/dr2/Coronavirus_Impact_Scale.pdf)
- Spanish Version: [https://www.nlm.nih.gov/dr2/Coronavirus\\_Impact\\_Scale-Spanish.pdf](https://www.nlm.nih.gov/dr2/Coronavirus_Impact_Scale-Spanish.pdf)

**UConn Health: *Epidemic-Pandemic Impacts Inventory***

- <https://health.uconn.edu/psychiatry/research/family-adversity-and-resilience-research-program/epii/>

**COVID-19 Adolescent Symptom & Psychological Experience Questionnaire (CASPE) - PARENT**

- [https://www.nlm.nih.gov/dr2/CASPE\\_PARENT\\_Qualtrics.pdf](https://www.nlm.nih.gov/dr2/CASPE_PARENT_Qualtrics.pdf)

**UC Santa Barbara: *Social Emotional Health Survey***

- <https://www.covitalityucsb.info/sehs-measures/index.html>