



KIDS DAILY HOME ROUTINE



GET DRESSED	EAT BREAKFAST
BRUSH TEETH	KITCHEN CLEANUP
MAKE BED	GET ACTIVE



MATH	PHONICS	SCIENCE
SPELLING	GEOGRAPHY	ONLINE LEARNING
READING	FLASH CARDS	WRITING

LUNCH BREAK



SENSORY PLAY	PLAYDOUGH	CRAFTS
PAINTING	MUSIC PRACTICE	SEWING
DRAWING	EXPERIMENTS	LEGOS



FAMILY DINNER	PAJAMAS
HOUSE CLEANUP	FAMILY GAME
BATH/SHOWER	READING

TIPS

- Circle the activities you choose to do with your children daily
- Make sure you plan activities that include child-centered time
- Let your child pick some of the activities!



Kids At Home SCHEDULE IDEAS



Self Care

- Shower/Bathe
- Get Dressed
- Brush Teeth
- Floss
- Clip Fingernails
- Brush Hair

Household Contribution

- Laundry
- Clean Bathroom
- Yardwork/Gardening
- Cook a Simple Meal
- Sort Mail
- Wipe Down Surfaces
- Take out Garbages
- Organize a Closet

Free Play

- Ride Bikes
- Sidewalk chalk
- Legos
- Build a block city
- Playdough Creations
- Build and color a box fort
- Collect stones to paint
- Balloon Games

Academic Learning

- Flash Cards
- Online School Work
- Workbooks
- Practice Writing
- Phonics
- Practice Spelling
- Geography

Creative Learning

- Science Experiment
- Nature Walk
- Learn How Things Work
- Hands On Learning
- Sensory Play
- Virtual Fieldtrip
- Set up learning 'centers'

Personal Development

- Music Practice
- Sports Practice
- Drawing/Painting
- Dance
- Sewing
- Service
- Photography

